

MAMA STORIES

Hey Mama!

We're super excited and grateful that you're opening up and sharing your story with the tribe! Talking about our experiences is liberating, therapeutic and it brings us all closer together as mamas and offers comfort to those experiencing the same. So thank you!

Here's how to share your story:

1. Write a story of around 600-1000 words.
2. Complete your 'Mama Bio' below
3. Email your completed story along with any personal photos you wish to include to heymama@mamatrIBE.com.au

Want some ideas on what to write about?

We'd love to hear about a particular aspect of your mama journey, for example; fertility, IVF, pregnancy, birth, newborn haze, returning to work, starting a business, relationships, family dynamics, other children, being a single mum, moving cities - anything that you feel has impacted you and your experience of #mumlife.

Some FAQs

- 1. Does it have to be super positive? My story doesn't have a happy ending.**
Life is full of ups and downs and we need to talk about all of it. We don't mind if your story is a happy ending or a sad one - we just want to hear your story.
- 2. I'm not a writer - does that matter?**
You don't need to be a writer! We want you to share your story the way you would share it whilst chatting to a friend - from the heart.

Mama Bio

- Full name:
- City / area:
- Who you're a mama to:
- Career/ interests/ hobbies / quirks / obsessions:
- Describe being a mama in five words:

Mama Stories terms and conditions:

1. We may choose to edit your story to improve readability by correcting grammar, spelling and punctuation etc. We will provide you with a copy of the edited story to review before publication.
2. We only accept original pieces that have not been published elsewhere. We ask that your story will remain with us exclusively for one month, after which time you are welcome to repost or submit your story elsewhere.
3. We do not pay for stories or accept payment for stories. Mama Stories is all about sharing the incredible mamas within the tribe and reducing the space between us.
4. We will only share stories that align with the values and ethos of Mama Tribe.
5. By submitting your story to be published you agree to the terms and conditions.